

# Olympia Art League Newsletter

## March 2017

### BOARD MEMBERS

**President**

Roxana Caples

**Vice President**

Cal Capener

**Secretary**

Nicki Weber

**Treasurer**

Tony Lirette

**MEETINGS**—3<sup>rd</sup> Thursday of the month

**Next Meeting:**

March 16, 2017

**Location:**

Faith Lutheran Church

7075 Pacific Ave SE

Lacey, WA 98503

**Time:**

**6:30 PM Socializing & Art Display**

(stands available at the Dollar Store—bring some)

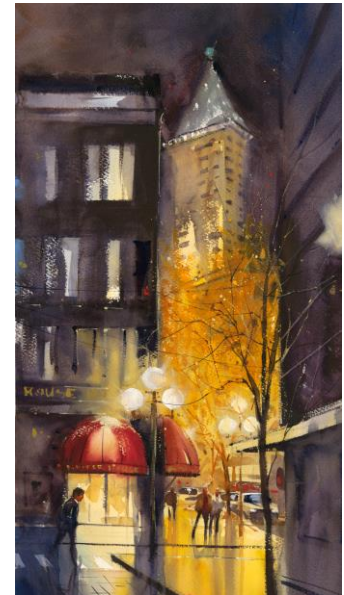
**7:00 Business Meeting**

**7:30 Speaker Demonstration**



**March's presenter...**

### Award Winning Watercolorist Ron Stocke



Ron Stocke is a Northwest watercolorist who lives in Everett Washington. His award winning paintings have been featured in *Watercolor Artist Magazine*, in the *Splash* series and on products throughout North America.

He holds signature memberships in the American Watercolor Society and the Northwest Watercolor Society; is an elected member of the Canadian Society of Painters in Watercolor; and, is a member of the National Watercolor Society. Ron paints and teaches workshops in America, Canada and Europe throughout the year.

In his artist statement Ron says, "The watercolor medium is honest, challenging and always new. It is the oldest pursuit that I know and has enriched my life at every level. While sometimes frustrating, even for the most experienced watercolor painter, it is invigorating and always a learning experience.

"I believe watercolor is simply the best medium to capture light, shadow and reflective surfaces and I exploit this in most of my work. I enjoy the process of watercolor and allowing the medium to have a life of its own. Each year I care less and less about the details of my subject and more about capturing the energy of my subject in the fewest brushstrokes I can. You have to keep it simple. Therefore, I'm always thinking SIMPLIFY.

"My hope to anyone viewing my website or taking my workshops is to not judge their work by any other standard than their own. Your brushstrokes are unique and only you can make them."



"Roxana" by Ed Weber

## Learning Zone vs. Performance Zone

Have you been a very productive artist with little improvement in your painting skills? We all know that you cannot improve your artistic skills unless you practice, but it takes more than productivity to achieve good results. A TED talk by Eduardo Briceño (*How to get better at the things you care about*) helped me value the addition of small critique groups to Olympia Art League's activities.

In this talk, he explained the difference between being in the learning zone and being in the performance zone. We all try to be and do the best we can. We perform to the best of our abilities. We lock ourselves into the performance zone. It is human nature to do this, but it causes us to plateau and stop improving. We do not give ourselves permission to make mistakes and fail. Success comes from alternating between learning and performing.

The learning zone needs to be low stakes to reduce the fear that comes with performance. In the learning zone we break down components and skills and identify areas that need improvement. We seek feedback, identify failures and successes, and set goals for improving our skills. Our small critique groups can be the low stakes environment to promote learning.

Members using the same medium can share their failures and frustrations. In a small critique group artists can ask, explore, listen, reflect, and set goals to improve component skills.

Move into the learning zone by joining a critique group. If we do not have one in your medium....start one!

Roxana



## February Presenter Gay Hoffman Demonstrated Using Color as Value

On February 16<sup>th</sup>, Olympia Art League members were delighted to have "one of their own" be the guest speaker. Gay Hoffman gave an informative presentation on using color as value. Gay is a relatively new member and is currently instructing in the art department at SPSCC. Gay has been an artist since she was very little. She set aside her art training to become a computer guru, but came back to art when she retired.

Gay has trained her eye to determine nuances of value when viewing a photo or scene. By grouping her pastels into value groups rather than color groups she is able to replicate her subject while using exciting and fun filled color choices.

OAL members very much appreciated Gay's enthusiasm and fun filled quest for a better understanding of art and how value affects the artistic outcomes. Gay is a wonderful instructor and her students (private and college classes) love having her as their mentor.

You can visit Gay's studio on Steamboat Island Road by appointment. Contact her by calling 720-217-9011 or via email: [gmariehoffman@gmail.com](mailto:gmariehoffman@gmail.com)

## OAL EVENING PAINT-IN



**Diana Fairbanks' Studio**  
**Thursdays 6:30-8:30PM**  
**1230 E 8th Ave Olympia**

**For more info contact :**  
*Karen Bush* 360-455-8176

***"All mediums and people are welcome.***  
***\$5 charged to help pay utilities."***



Think Tank Tuesday usually meets the second Tuesday of each month. **BUT** this month we're meeting **Tuesday, March 7th** at 2:00 PM instead. Same place--Haggen's on Olympia's west side off the intersection of Black Lake and Cooper Point Road.

Roxana will be there to greet and visit. Members are encouraged to socialize, talk art, and think up terrific ideas to make OAL a more amazing art club.

*Join us at the...*

## Morning Paint Ins

**Time:** Thursdays 9 AM – Noon

**Location:** Karen Crate's community club house in Thunderbird Village, 716 Dennis St SE in Tumwater

Bring what you are working on and join other artists at work.

**For more information:** call or e-mail Karen Crate  
[wkcrate@comcast.net](mailto:wkcrate@comcast.net) (360) 943-1827



## Watercolor

### Critique Group

*Join this helpful, supportive and often inspiring group. Bring a work for gentle, constructive feedback.*

**Time:** The second Friday of each month. This month's meeting is March 10th from 1:00 to 2:30 PM.

**Location:** Timberline Baptist Church 6628 Mullen Rd SE, Lacey.

**Contact:** Call or e-mail: Jo Anne Sanford, 360-878-8225  
[san3jo@comcast.net](mailto:san3jo@comcast.net)



## Abstract Critique Group

**Time:** The third Wednesday of each month. This month's meeting is on March 15 from 1 PM to 3:30 PM

**Location:** Linda Selsor's home at 4509 Prestwick Ln SE, Lacey

*We do a gentle critique of each other's work and share information about classes, books, artists or teachers that have inspired us. All experience levels and mediums welcome.*

**Contact:** For more information about the group contact Linda Selsor at 491-0377 or via e-mail at [lselsor@msn.com](mailto:lselsor@msn.com)



## Pastel Critique

### Group Up and

### Running

**Come help kick off OAL's newest critique group.**

**Time:** Tuesday, March 7th, 4 – 6 PM

**Location:** Lacey Timberland Regional Library at 500 College St. SE off Abby Way.

**Focus:** We'll have a designated topic each month focusing on the 5 Essentials in Every Powerful Painting by Ramon Kelley. Our March meeting is about value.

**Contact:** Debra Hanson & Anna Hess are co-facilitating. Contact Debra at 360-259-5713 or via e-mail at [debh.dh76@gmail.com](mailto:debh.dh76@gmail.com)

**Chances to strut your stuff...  
LOCAL OAL SPONSORED ART VENUES**



**Cooper Point  
Public House**

Spring is the theme for the show that went up January 31<sup>st</sup>. The next show will go up in June.

Cooper Point Public House is located at 3002 Harrison Ave. on Olympia's West side. If you have questions please contact Rick Drescher: Phone 360-786-1958 or via E-mail: [rlickdartist@gmail.com](mailto:rlickdartist@gmail.com)



**TRA Medical  
Imaging**

The Women's Health Center at TRA Medical Imaging of Olympia on Lilly Road offers space for display of OAL member art. The director stopped by to chat at the last hanging and let us know how much the staff and patients appreciated the artwork.

This lovely venue works well for large pieces and sculpture. New art will go up in early May. If you would like to show your art, contact Jan Hansen at 360-352-2751 or at [justjansue@gmail.com](mailto:justjansue@gmail.com). TRA is located at 500 Lilly Road NE Suite 160 (opposite St Peter Hospital).

**Capitol Chiropractor**

**1728 State Ave NE, Olympia**

The new show went up at Capitol Chiropractor (located across from Ralph's Thriftway) on February 2nd. The staff and patients always look forward to the new art.

The art will hang until early May when we will change it again. If you'd like to be included in the new show contact **Lone Moody** at [llmoody@comcast.net](mailto:llmoody@comcast.net) or 360-357-5249.

**New Show at  
Bonsai Wok  
Teriyaki**



OAL members Alice Liou and Jane King get ready to hang their work at the restaurant.

**Bonsai Wok Teriyaki** offers the entire restaurant for display of OAL member art. The restaurant is located in Tumwater at 408 Cleveland Ave. SE. New works went up Sat. Jan. 28<sup>th</sup>. Please thank our generous sponsor by taking your family to eat at Bonsai Wok Teriyaki.

**Contact Anne-Marie Brown** if you want to participate at the next art refresh: (360) 867-3270 or via e-mail at [anniebrownie123@yahoo.com](mailto:anniebrownie123@yahoo.com)

**OAL ONLINE GALLERY UP  
AND RUNNING**

To share your work online, send **Rick Drescher** three of your favorite works and an artist statement of no more than 150 words. Include your website or Facebook page in the artist statement.

Send all information to Rick Drescher at [rlickdartist@gmail.com](mailto:rlickdartist@gmail.com). Contact Rick if you have questions or need more information.

*Just a  
quikk  
reminder!*

**MEMBERSHIP  
RENEWAL**

Please consider renewing your membership today. Your support through our low membership dues enables us to offer the fabulous programming we enjoy at general meetings as well as other activities. Please mail your \$30 check to: Olympia Art League, PO Box 404, Olympia, 98507. You can also bring it to the next meeting. **New members welcome!!**

**Olympia Art League Sponsored Workshop...**



**RON STOCKE, NWS, AWS**

**Two Day Watercolor Workshop**

**Dates:** Tues. 25 April and Wed. 26 April 2017

**Time:** 10 AM to 5 PM (both days)

**Location:** First Christian Church, 701 Franklin St – Olympia

**Cost:** \$225, Check payable to Olympia Art League

**Registration:** Call JoAnne Sanford, 360-878-8225

**Call Now:** **Class limited to 13 participants**

**Mail Check to:** JoAnne Sanford; 7039 41st Ave SE – Lacey WA 98503

**Deadline for payment:** **April 18, 2017.** Materials List will be provided



**OLYMPIA  
WATERCOLOR  
CLASSES WITH  
ANN BRECKON**

*Painting Around  
the Color Wheel*

**Mondays:** March 13th & 27th from 12 – 3 PM

**Cost:** \$35 per session

**Location:** First Christian Church at 8th & Franklin, Olympia

**Themes:** Each month this year we are doing an in-depth study of one of the color families and this month is **GREEN**. Learn about green pigments, mixing greens, and using greens in your art. .

**“Students of all experience levels welcome”**

**To register:** Call or e-mail Ann at 425-644-4245 or [annbreckon@gmail.com](mailto:annbreckon@gmail.com)



**CAL CAPENER  
OIL PAINTING  
CLASSES**

*Newcomers, beginners and advanced  
students welcome!*

**Time:** Saturday, March 18<sup>th</sup>, 9 – 3:30 PM (half hour break for lunch)

**Cost:** \$60 with your own materials --\$65 if you use Cal's

**Focus:** The focus will be on florals. We'll also cover color mixing, composition, and brushwork.

**Location:** Class is held at the Diane Fairbank's Studio, 1230 8th Ave., S.E. Olympia.

**Contact:** Call Cal at 360-491-0704 to register or contact him by email at: [ccnac@msn.com](mailto:ccnac@msn.com)



**Abstract Painting Wet on Wet Watercolor for Ages 50 +**

Abstract Critique Group members raved about Rob Lowry's class last semester. Now it's your turn to explore pouring and glazing transparent water color, color theory, and applying different techniques to create one of a kind abstract works of art. The class will also cover basic design: layout, composition and balance. No previous experience with watercolor is needed. The classes are on Thursday afternoons from 2 – 5 starting April 13<sup>th</sup> and are located at the campus at 1620 Edward P. Smith Drive in Aberdeen. To register click here: <http://www.campusce.net/ghc/course/course.aspx?C=179&pc=3&mc=16&sc/> The fee is only \$67. If you'd like to car pool let Linda Selsor know at 360-491-0377.

**GETTING ACQUAINTED...** Each month we'll feature several of our members as a way to help get to know one another. If you'd like to be featured, contact Nicki Weber at (360)753-3040 or [ednickweber@aol.com](mailto:ednickweber@aol.com)



**Dan O'Brien** attended our February meeting and is now seeking out opportunities in OAL. Nicki met Dan at the meeting and learned that oil painting is his passion. He has pursued this art for the last 20 years. He met a kindred spirit when he connected with Cal Capener at our meeting.

Boat and water subjects are a natural for him as he has run a charter business in Lehani on Maui in Hawaii. For many years he sold boats in Seattle, the Puget Sound, and California. Currently he is a boat broker in the Olympia area.

In addition to water subjects, he has developed his love of portraits. He enjoys painting all ages and subjects.

You can reach Dan via his phone number--360-867-1783 and e-mail [dan@fastisfun.co](mailto:dan@fastisfun.co).



**Fern Zabriski** became an OAL member after attending her first meeting. Fern is originally from the New York City area and had the luxury of living in one of the great cultural areas of our country. The art she was able to visit at the museums inspired her love of art.

Olympia became her home 15 years ago. She commuted to PLU where she was an associate professor in accounting. During this time she enjoyed sailing on the Puget Sound. Recently she traded her vessel for a power boat and still continues to enjoy the Sound.

The last five years Fern has been taking painting lessons with Amy Fisher which have brought her great joy. Mainly her subjects are landscapes, water and boats. Her style tends towards realism and the beauty it reflects. You can reach Fern via phone 360-493-0800 or email: [fernzie@comcast.net](mailto:fernzie@comcast.net)





**Gay Hoffman**, our February presenter, received the People's Choice Award for her pastel at the OAL Member Show reception at Olympics West.

**Sigree Straatveit** (on the right) sold her very first art piece at the OAL Member Show at Olympics West.



"Women Artists Coast to Coast – East"  
 Women Painters of Washington & National  
 Association of Women Artists  
 New York City

Mia Schulte



Nature's Ribbon

February 28 – March 25, 2017  
 Prince Street Gallery  
 530 W. 25<sup>th</sup> Street  
 New York, NY 10001

These in from **Teresa Marie Staal-Cowley**...

*The Washington Calligraphers Guild*

"Wisdom of the East," celebrating the words of Eastern philosophers and poets, is open Fri., March 3rd through Sat., April 16th at The Loft Gallery located upstairs above Buck's Fifth Avenue Spice Shop in downtown Olympia. **Teresa's** work is featured in the show. The address is 209 5th Avenue. The event is sponsored by Nib 'n' Ink calligraphers.



Thurston County Family Juvenile Court in Tumwater is having an art reception on Wed., March 8th from 4 to 5 PM. The show features Tenino High School students' artwork and featured artist, the late Robin Raddatz

The juvenile court art committee is looking for an artist to display their work from around May through October. Please contact **Teresa M. Staal-Cowley** at [teresamarie4art@gmail.com](mailto:teresamarie4art@gmail.com) or 360-866-1512 home or 360-480-9955 cell or at one of the meetings if you are interested in being a featured artist at the courthouse.

Ocean Shores



Associated Arts of

Grays Harbor College

John Spellman Library

**Associated Arts of Ocean Shores  
 Winter Festival Show**

Reception Friday, March 3, 2017, 6 – 8 PM  
 Exhibit continues through April 7<sup>th</sup>.

Visit the gallery online for hours and address:  
<http://ghc.edu/library/archives>



### Board/Committee Members

President: Roxana Caples  
 Vice President: Cal Capener  
 Secretary: Nicki Weber  
 Treasurer: Tony Linette  
 Directors at Large: Rita Parten, Cora Eklund  
 Newsletter: Linda Selsor  
 Proof Readers: Karen Crate, Cynthia Walker  
 E-mails: Roxana Caples  
 Greeters: Nicki Weber, Jane King  
 Name Tags: April Works  
 Membership Data: Jo Anne Sanford, Lone Moody  
 Publicity: Trisha Gooch  
 Phone Reminders: Jean Van Doren  
 Programs: Roxana Caples  
 Refreshments: Kay Tolles, Teresa Cowley  
 Meeting Set Up: Mike Scheurich, John Luxton  
 Website Gallery Coordinator: Rick Drescher  
 Website: Christi McGinley (non-member)  
 Members Only Art Show: Heather Simons, Lindsey Ford, Dotti Wilke  
 Community Outreach: Teresa Crowley, Jean Van Doren  
 OAL Juried Show: Roxana Caples, Trisha Gooch  
 Art Tours: Jean Van Doren  
 Fair Art Show: Diana Fairbanks  
 Local OAL Art Show Venues:  
*Bonsai:* Anne-Marie Brown  
*Capitol Chiropractic:* Lone Moody  
*Cooper Point Public House:* Rick Drescher  
*TRA Medical Imaging:* Jan Hansen  
 Paint Out: Jane King, Jo Anne Sanford  
 Paint In Day: Karen Crate  
 Paint In Night: Karen Bush  
 Recruiter: Roxana Caples



# ArtsWalk 2017

## Juried Art Show Call for Artists' Entries

### DEADLINE FOR SUBMISSION

March 17, 2017

PROSPECTUS AT:

[www.olympiaartleague.com](http://www.olympiaartleague.com)

### Show location

April 28 - April 29, 2017

Olympia Community Center  
222 Columbia St NW  
Olympia, WA



### MARCH NEWSLETTER DEADLINE

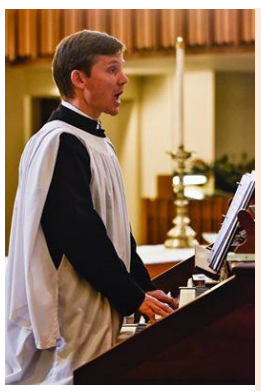
Please send your articles, photos, announcements & ideas to:

Linda Selsor at [lselsor@msn.com](mailto:lselsor@msn.com)

**Due Date:** March 25, 2017

*Keep up on art happenings in Olympia...*

Subscribe to Stephanie Johnson's **ART DIGEST** for upcoming local events. To join her e-mail list write to her at City of Olympia: [sjohns1@ci.olympia.wa.us](mailto:sjohns1@ci.olympia.wa.us)



### BACH AROUND THE CLOCK

St. John's Episcopal Church in Olympia is celebrating J.S. Bach's 332nd birthday March 21st with a performance of every organ work Bach wrote, performed by one organist, in 24 hours. **Dr. Curt Sather, Organist & Choirmaster** at St. John's, will perform Bach's entire opus of organ compositions starting at midnight on March 21, 2017, playing on the church's newly-installed Schlicker organ. The church will be open with refreshments available during the entire event. **Artists are welcome to come set up your easels!** For updates and more information go to <http://www.bacharoundtheclock.net/>

### Olympia Art League Newsletter "An official publication of the Olympia Art League"

Editor: Linda Selsor  
Contributors: Members of the Olympia Art League  
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